## LimbCoat ${ }^{\text {® }}$

A waterproof cover to protect bandages, casts and dressings from getting wet when showering only.

## Measurements

There are two measurements that are required to select the most suitable LimbCoat for the foot. All measurements to be taken in centimeters.

## The Foot

1. 

Circumference: At the midpoint or point where the calf muscle is at its biggest, measure the circumference of the calf at this point.

2. Length: Measure from the point of where the calf circumfrence measurement was taken to the bottom of the leg by ones heel.


## Useful Information to Assist in Measuring up Ones Foot

The circumference measurement must be located on the skin of muscle or fleshy skin area, so as to ensure a watertight seal.

A watertight seal depends on the point of the arm where the circumference measurement has been taken.

A circumference measurement located on a boney area or boney prominence (avoid ankles, elbows and knees) will compromise a watertight seal.

